



**Anonymous Admission**  
Learn more about all the options.

### You are not alone.

NCPRN is the only organization recognized by the North Carolina Board of Pharmacy providing an array of services to pharmacists, pharmacy technicians, and pharmacy students seeking recovery from addiction.

Choose one the options below or you can [learn more about us](#), [find resources](#) or [make a referral](#).



I am a pharmacist / technician.



I am concerned about a loved one.



I am a pharmacy student.



## North Carolina Pharmacist Recovery Network

Providing Support for Recovery

[Home](#)   [Make a Referral](#)   [Support Our Work](#)   [About](#)   [Contact](#)   [Clients Only](#)

## About Us

### Mission

The North Carolina Pharmacist Recovery Network (NCPRN) provides pharmacists, technicians, and pharmacy students with support for successful addiction recovery, enabling them to create their own personal sustaining recovery program and to serve the public in a safe manner.

### History

The North Carolina Pharmacist Recovery Network began as a grassroots effort in the early 1980's. A committee of individuals connected to the NC Association of Pharmacists recognized the need in the pharmacy community and created a network to support pharmacists struggling with chemical dependency.

In turn, the North Carolina General Assembly assigned the primary responsibility for enforcing the provisions of the Pharmacy Act and the laws pertaining to the distribution and use of drugs to the Board of Pharmacy to ensure minimum standards of competency and to protect the public health, safety and welfare. With increasing frequency, the Board hears matters concerning pharmacists whose violation of the Pharmacy Act involved impairment due to use of mood altering substances.

NCPRN and the Board work collaboratively to protect the public by expeditiously identifying and rehabilitating pharmacists, technicians, and students who cannot practice pharmacy with safety and skill due to substance abuse or dependency.

Learn more about [our staff](#) and [board of directors](#).

NCPRN is incorporated as a private not for profit 501c3 corporation.

## Important Forms

[Conference Registration Form \(pdf\)](#)  
[Exhibitor Sponsor Contract \(pdf\)](#)  
[Exhibitor and Sponsor Flyer \(pdf\)](#)

## Resources

[North Carolina Board of Pharmacy](#)

[Accreditation Council for Pharmacy Education](#)

[American Pharmacists Association](#)

[Alcoholics Anonymous](#)

[Narcotics Anonymous](#)

[Al-Anon](#)

[Over Eaters Anonymous](#)

[Sexaholics Anonymous](#)

[Talbot Medication Guide \(pdf\)](#)

[First Lab](#)

[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

[National Institute on Alcohol Abuse and Alcoholism \(NIAAA\)](#)

[National Institute on Drug Abuse \(NIDA\)](#)

[Quit Line NC](#)



## Staff

**Valanda L. Nelson, MPA, LCAS, CCS**

**Executive Director**



Valanda L. Nelson is the Executive Director of the North Carolina Pharmacist Recovery Network. She is a Licensed Clinical Addiction Specialist and a Certified Clinical Supervisor (LCAS, CCS) through the North Carolina Substance Abuse Professional Practice Board. She is also a Board Certified Music Therapist through the Certification Board for Music Therapists.

Valanda received her Bachelor and Master's Degrees in Music Therapy from East Carolina University. Additionally, she received a second Master's Degree in Public Administration (MPA) in 2012, from The University of North Carolina at Wilmington.

Valanda has extensive professional experience in the field of addiction treatment and recovery (since 1992), spanning hospital-based, residential as well as community based populations. Her career path began in direct clinical work, and soon branched into administrative and leadership capacities.

When not working, Valanda can be found at various musical venues performing on the bassoon as an independent professional musician. She also enjoys walking her Basenji, Dora, traveling, and attending various sporting events with friends and family.



**Jennifer Niles, MSW, LCSW, LCAS**

**Clinical Case Manager**

Jennifer Niles is the Clinical Case Manager for the North Carolina Pharmacist Recovery Network. She is a Licensed Clinical Addictions Specialist and a Licensed Clinical Social Worker in the state of North Carolina. She received a Bachelor's degree in both Social Work and Criminal Justice from the University of North Carolina at Charlotte, as well as a Master's degree in Social Work from the University of North Carolina at Chapel Hill. Jennifer has over 8 years of experience providing treatment and case management to people with substance use disorders and mental health diagnoses. She is passionate about recovery and social justice issues. In her spare time, Jennifer enjoys playing with her cats, painting, being outdoors, and traveling.

## Important Forms

### Resources

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[Sexaholics Anonymous](#)

[MedGuide \(Talbot's\)](#)

[First Lab](#)

[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

[National Institute on Alcohol Abuse and Alcoholism \(NIAAA\)](#)

[National Institute on Drug Abuse \(NIDA\)](#)

[Quit Line NC](#)